



Kidventure Lunch Program

2024 Houston Menu and Options

Each week you must register for one of the following options:

Option 1

Pack Your Own Lunch



Option 2

Daily Lunch

\$40.00

The
Simply Fresh
Kitchen

Option 3

Pizza Friday

\$8.00



JULY MENU

All of the lunch options are provided by The Simply Fresh Kitchen.
All the food is made from scratch and is based on seasonal availability.

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jul BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit	2-Jul Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit	3-Jul Beef Tamales, Black Beans, Steamed White Rice, Fresh Cut Fruit	4-Jul CAMP CLOSED	5-Jul Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
8-Jul Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit	9-Jul Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit	10-Jul Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit	11-Jul Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit	12-Jul Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
15-Jul Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit	16-Jul Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit	17-Jul Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit	18-Jul Pasta Primavera with Baked Chicken Breast, Oven Roasted Zucchini, French Bread, Fresh Cut Fruit	19-Jul Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
22-Jul Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit	23-Jul Beef Hamburger Slider with Cheddar Cheese, Roasted Red Potatoes & Carrots, Fresh Cut Fruit	24-Jul Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit	25-Jul Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit	26-Jul Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
29-Jul Turkey Sloppy Joe Slider with Monterrey Jack Cheese, Tater Tots, Fresh Corn, Fresh Cut Fruit	30-Jul Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit	31-Jul Beef Tamales, Black Beans, Steamed White Rice, Fresh Cut Fruit	1-Aug	2-Aug



DEADLINE TO ADD LUNCH:

Full Lunch—Thursday before each week
Pizza Fri.—Wednesday

All meals served with water. Field trips are on Tuesday, Wednesday, or Thursday of each week. Sack Lunches with sandwiches will be served on all Explorer and LEADS field trip days. Kidventure also provides snacks and water to our campers each day. All snacks are peanut and peanut by-product free. No substitutions to the menu are available. Items above are a sample menu. Final menus will be posted before camp.



KIDVENTURE

August--2024

Monday	Tuesday	Wednesday	Thursday	Friday
29-Jul	30-Jul	31-Jul	1-Aug	2-Aug
			Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
5-Aug	6-Aug	7-Aug	8-Aug	9-Aug
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit	Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
12-Aug	13-Aug	14-Aug	15-Aug	16-Aug
19-Aug	20-Aug	21-Aug	22-Aug	23-Aug
26-Aug	27-Aug	28-Aug	29-Aug	30-Aug